**Presentation/Seminar Request Form**

Thank you for your interest in a presentation/seminar. In order to better serve the needs of your group, please fill out the information bellow. Feel free to skip over any questions that do not apply to your group.

**CONTACT INFORMATION**

Contact Name:       Contact #:

Contact E-Mail:

**GROUP INFORMATION**

Team Name:       Team Sport (if applicable):

Level:       Stage of Season:       Age:

Gender:

Number of Participants:       Location

Parents Invited ?:       Language:

Projector available at location?

Number of Presentations Requested:

Preferred Date of Presentation Delivery:

Preferred Time of Presentation Delivery:

Preferred Length of Presentations:

Presentation topics requested:

Group/Team Weaknesses:

Average # hours training per week:

Average training/practice/game schedule:

|  |  |  |  |
| --- | --- | --- | --- |
| **Day of Week** | **Time of Day** | **Type of Activity** | **Intensity** |
| **Monday** |  |  |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |

Do you want to record and/or broadcast the presentation?

If so, are you planning on charging a participation fee?

\*\*Please note that it is strictly prohibited to record and/or broadcast the presentation on any additional platform unless agreed upon by Natasha McLaughlin-Chaisson, in writing.

Thank you for taking the time to fill out this document with key information needed to help personalize your services.